

C.P.C. – ITEM D

Consider creating a new Pamphlet designed to help C.P.C. Committee Members reach as many doctors as possible.



Problems being addressed:

- Instead of working in a top-down fashion, using this pamphlet, CPC Members could reach doctors in a more “boots on the ground” approach.
- This pamphlet would be a combination of the pamphlet “AA as a Resource for the Healthcare Professional” and a simple CPC contact card, allowing for short- simple conversations.
- More concise - taking less time than the “Resource” pamphlet mentioned previously.
- More personal than simply dropping off a contact card with a phone number.
- Allow CPC Members, and possibly others, to reach far more doctors.
- Doctors don’t always use or keep the contact card left in their office. This pamphlet will be a better resource, encouraging maintaining the information.

A.A. as
a Resource
for the
Health Care
Professional



Pamphlet to Include:

- General statements about the alcoholic.
- Questions to use in a conversation with a Doctor.
- Possible actions that can be taken.

*The pamphlet would only be used at the comfort level of the individual alcoholic – in its entirety or partially.

Examples of Statements, Questions & Actions for the New Pamphlet:

- **Statement about the Alcoholic to the Doctor:**

- I am an Alcoholic
- I am working the 12 Steps of Recovery
- I attend meetings
- I am working with a sponsor
- I am willing to answer questions about the program of AA

- **Questions for the Doctor:**

- Have you heard of Alcoholics Anonymous?
- What is your understanding of the program of Alcoholics Anonymous?
- Have you treated alcoholics?
- What methods have you seen work effectively?
- Have you read the Pamphlet "[AA as a Resource for the Healthcare Professional](#)"?

- **Actions to Take:**

- May I offer a point of contact if you need one in the future?
- Would it be helpful to provide some literature or possibly a pamphlet rack for your office?
- Would you be interested in observing an Alcoholics Anonymous Meeting?

***I am available to tell my story to anyone that might benefit from it.**

****This pamphlet can be used in whole or in part, to start a conversation with your doctor. Only use what you are comfortable with. It can also be left as a contact card with a representative's phone number.**

Conversation With your DOCTOR



Contact Information:

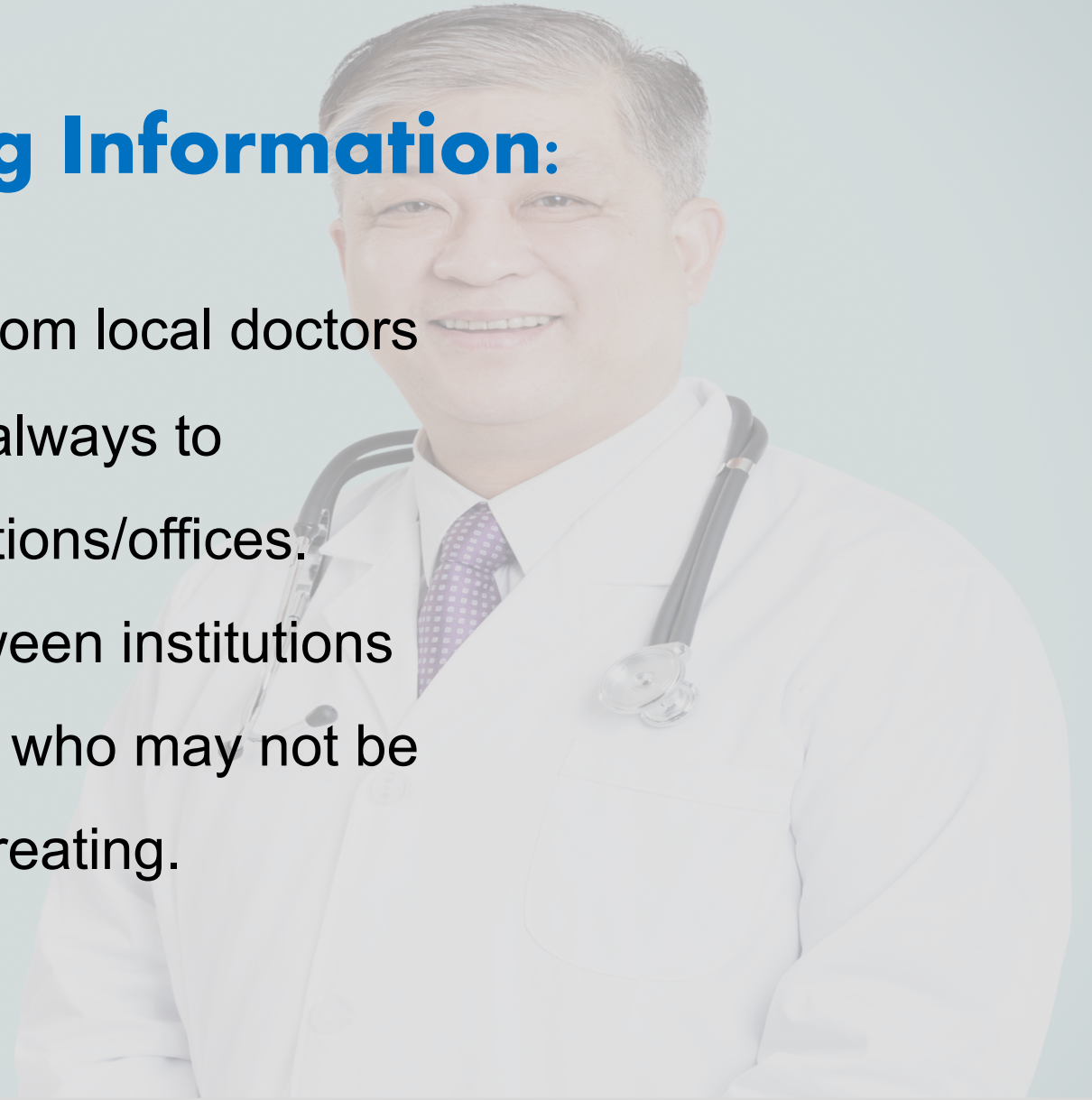
Local CPC Contact: _____

Local AA Hotline: _____

Local Al-Anon Hotline: _____

Background/Supporting Information:

- CPC is not getting engagement from local doctors
- When CPC reaches out, it is not always to individual doctors but to organizations/offices.
- There is a large discrepancy between institutions that are engaged and the doctors who may not be aware of the alcoholics they are treating.





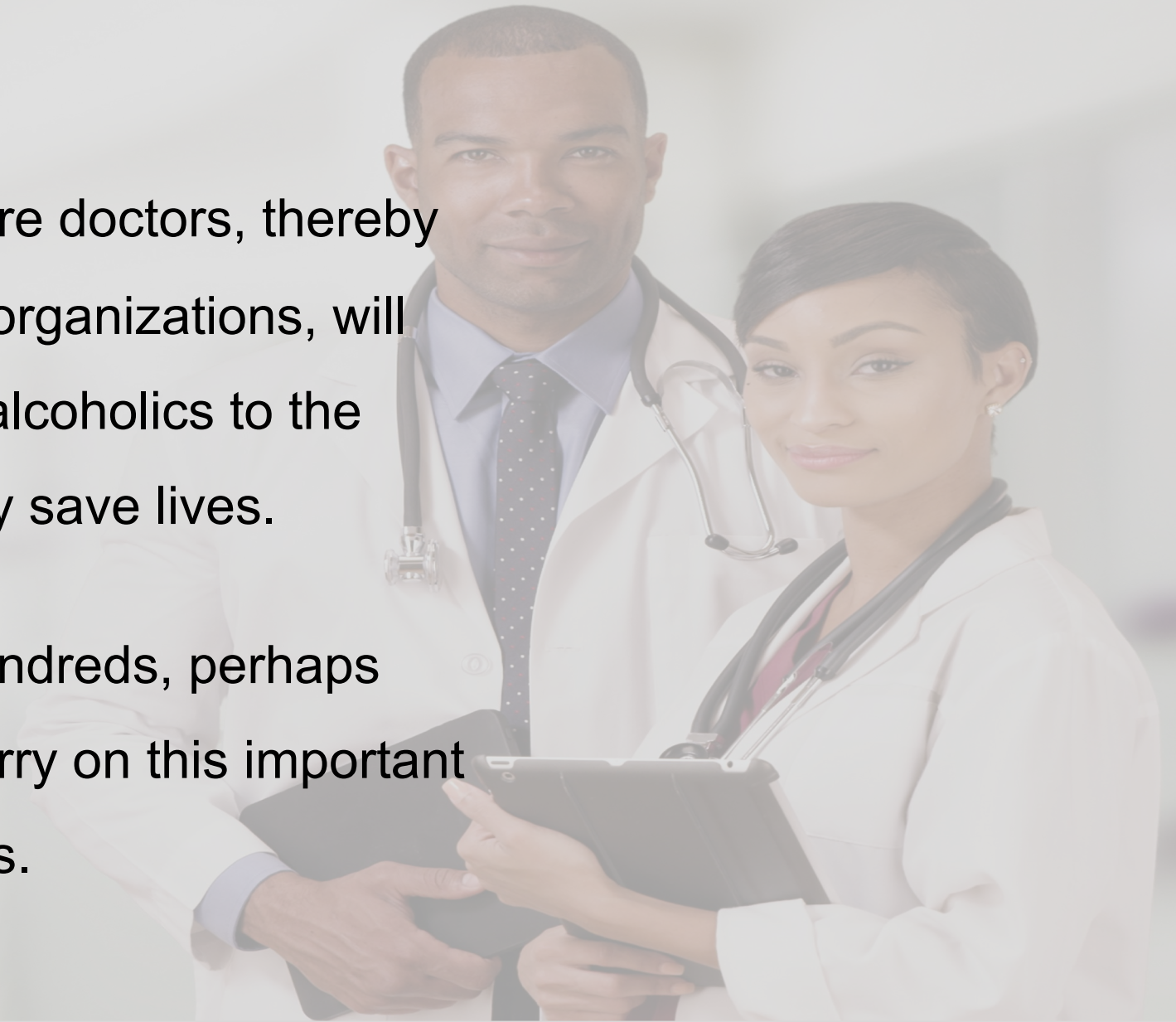
Intentions/Expectations:

- Create a pamphlet that can be used at the comfort level of the individual alcoholic – in its entirety or partially.
- A Pamphlet that encourages doctors to recognize the number of their patients that are afflicted with alcoholism.
- The current Pamphlet “*AA as a Resource for the Healthcare Professional*” is cumbersome and long. The proposed pamphlet would be more concise.
- The Proposed pamphlet would be simple - creating a way to facilitate in depth contact more efficiently.

Final Remarks:

Helping CPC engage with more doctors, thereby having more access in those organizations, will increase membership, direct alcoholics to the program earlier, and ultimately save lives.

This pamphlet would allow hundreds, perhaps thousands, of alcoholics to carry on this important conversation with their doctors.



Item Submitted & Supported by:

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