



## You Get Out What You Put Into It

When the 76th General Service Conference came to a close, I found myself standing in a circle that filled the entire perimeter of our main conference room, saying the Serenity Prayer in English, French, and Spanish. I turned to a fellow delegate and asked, "Remember what we were doing last year at this time?" It took a moment. Then it landed. We were in the middle of the censure conversation. I said, "Wow. What a difference a year makes." That difference did not happen by accident.

Many Panel 75 delegates made a quiet but collective decision: we would be the change we wished to see. We supported our incoming Panel 76 delegates, answered questions, shared our experiences openly, and committed to helping

build a harmonious conference from the ground up.

The week started beautifully. I met up with a conference member from Michigan and brought her to my sponsee sister's 22<sup>nd</sup> anniversary meeting, followed by dinner and a good old-fashioned AA conversation in the car. The next day I visited the newly retrofitted GSO office, where I joined a wonderful meeting with a busload of members from Levittown, Pennsylvania and fellow conference members. I was even delighted to meet narrator Nathan from the Primary Purpose Podcast during the office tour! The day after, our area alternate delegate was able to attend to the pre-conference meet and greet to connect and meet conference members. This was technically my first full conference with traditional workshops on the schedule, and they were genuinely wonderful, pulling together delegates, trustees, and staff in a cross section that reminded all of us why we were there.

Even during our most emotionally charged conversations there was harmony through the debate. Respect held.

What we put in, we got out. And the beautiful thing is, none of it required grand gestures. Small efforts, shared intentions, a collective decision to show up differently. That is what transformed this conference. Imagine what it can do wherever you are in your service journey.

### WHAT'S INSIDE

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**Nisaa A. | Delegate | Panel 75, Area 49**

# Thirty-Six Principles

I am so grateful that the program of Alcoholics Anonymous has given us 36 spiritual principles I can draw on in my daily life. When I came into this program 29 years ago, I could barely understand what the Steps said, even though they were read at every meeting I attended. Eventually, my sponsor guided me through them, and I learned not just the words, but what they meant and how to use them—to stay sober and to build a relationship with a Higher Power. I needed to learn about surrender, acceptance, trust, faith, forgiveness, honesty, humility, and hope, as well as my selfishness and self-centeredness. That process saved my life and introduced me to a new way of living in my own head and body.

In the early days, some of the meetings I attended read the Traditions, but I didn't even try to understand them. I heard three of them regularly: the Third Tradition, almost always read at the start of the meeting after the Preamble; the Seventh Tradition, read before the basket was passed; and the Twelfth Tradition, read at the close. I had a surface understanding of those three, but I would roll my eyes whenever I found out a meeting was a Traditions meeting. I did not like meetings where I couldn't talk about my favorite subject—me. I still attended because I felt I had to, but I didn't enjoy them. It was often said that the Steps are for the individual and the Traditions are for the group, and I took that as permission not to worry about them much.

Eventually, after we moved through the Steps, my sponsor guided me through the Traditions. By then, I had cleared up enough to recognize that my selfishness and self-centeredness would get me drunk, so I was willing to learn. It also helped that quite a few people whose sobriety I respected spoke about the Traditions with real conviction. When my sponsor and I studied them together, it wasn't just about why they matter to the group—it was about why they matter in my own life. I learned about unity, the spirit of rotation, and trust in a Higher Power. I learned about a group conscience, primary purpose, the right to be wrong, being self-supporting, and



staying out of outside issues. Most importantly, I learned about anonymity—how it relates to humility and how it serves as a foundation for everything in this program.

The Twelve Concepts entered my life for the first time when I became a GSR and began attending my county meeting and SENY Assemblies. As I started to read them, I found them very difficult to understand—not just the complexity of the language, but the structures they were describing. Before becoming a GSR, I thought the Delegate's Questionnaire was something "they" put together to gather our opinions on a few things. My home group completed it every year, but I had no idea how it was created, why it existed, or what happened to it after we sent it in. As I got more involved in service, I began to understand the General Service Conference process and how the Twelve Concepts guide it.

I have to work hard at understanding the Twelve Concepts, and I am grateful that more and more

meetings and groups are available to explore them deeply and share people's experience, strength, and hope about them. Reading the words is not enough for me; I need to hear about how they work in real life and witness others implementing them as best they can. Through those experiences, I came to see how Tradition Two informs all of the Concepts. The idea of an informed group conscience runs throughout and is the "secret sauce" that makes it all work. The relationship between responsibility, ultimate authority, final authority, and active authority; the rights of decision, participation, and appeal; the roles of the Groups, the Delegates, the Conference, the Trustees, the Board, the Directors, AAWS and the Grapevine/La Viña—all of this is laid out in the Twelve Concepts. They exist as spiritual principles to help our fellowship survive, thrive, and welcome newcomers so that we can continue our primary purpose of

helping the still-suffering alcoholic. But many of them also help me in my own life: learning to listen and respect minority opinions, taking responsibility for my actions and actively living out that responsibility, and trusting the people I've designated as trusted servants—that they are doing the best they can with an informed conscience.

The beauty of it all, to me, is this: through the Steps, we get help ourselves—we find and build a relationship with a Higher Power. And then, through the Traditions and the Concepts, we help others do the same. My gratitude for this program is consistently overwhelming. Thank you for letting me be of service to Area 49.

**Jeanne B. | Alternate Delegate | Panel 75, Area 49**

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## The Educational Variety

One of the hardest things for me in early sobriety was accepting the idea that there was a power greater than myself out there that somehow had a handle on things. The concepts of "good orderly direction" and "gift of desperation" were probably the most important acronyms for God I encountered early on. They led me towards a much stronger belief.

Unlike Bill Wilson's bright light experience, my spiritual awakening was of the educational variety, unfolding through a series of unexplained coincidences that began appearing in my life. It was like buying a new car: all of a sudden, you see that same car everywhere.

One of those moments came through an early service experience. In a new job I had gotten sober, an opportunity arose to speak to young people at my former middle school about addiction and recovery. I had been speaking to small health classes during their addiction awareness week—a little nerve-racking—so you can imagine my dismay when I walked into the school and was ushered into the gymnasium, where the entire student body sat waiting on the bleachers for my words of wisdom.

Somehow, with a deep breath and an emerging

confidence that something higher was looking out for me, I shared my heartfelt experience, strength, and hope. When it was over, the applause was resounding—but as the students filed out, one girl remained behind, inconsolably crying.

The nurse asked if I would speak with her privately. In that conversation, we learned that she had a great deal of identification with what I'd shared: she was struggling with drugs and mental health and was not doing well. At the nurse's request, I called the girl's mother. After I introduced myself, the mother interrupted me and asked whether I had a brother—naming him correctly. She then told me that she had purchased my family's childhood home ten years earlier and was still living there.

That small act of service had a profound impact that day—both on a young woman who was able to get the help she needed, and on my own spiritual growth. Combined with so many other unexplained coincidences, the light that came on for me was every bit as bright as any single white light experience.

**Craig A. | GSR for But For The Grace of God / 12 O'Clock Not High Group | Sullivan County, Area 49**



# TRADITION FIVE

## Primary Purpose and Unity in Action

"The Twelve Traditions of Alcoholics Anonymous symbolize the sacrificial character of our life together and they are the greatest force for unity that we know."—*Alcoholics Anonymous Comes of Age* (pp. 96-97)

In his essay "A.A.'s Legacy of Service," Bill Wilson writes:

Our Twelfth Step—carrying the message—is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die.

In our "Twelve and Twelve," the essay on Tradition Five opens with "Shoemaker stick to thy last!" Bill Wilson chose this phrase because it speaks to the actions of both the individual and the group. For those unfamiliar with the term, a last is the foot-shaped mold upon which shoemakers shape or repair shoes. Because each last produces only one design, "stick to your last" means to focus on one thing—and in our context, that one thing is recovery from alcoholism.

Tradition Five embodies the principle of primary purpose and is central to our legacy of Unity. It binds the fellowship together. When we work toward a shared purpose, we achieve a common goal—and that is unity in action.

This principle appears, in subtle ways, in our slogans and commitments. When I recite the Responsibility Statement, I am affirming my primary purpose. If I am responsible when anyone, anywhere, reaches out for help—and I answer that call—I am fulfilling the

primary purpose of Tradition Five. I'm also living out our Recovery legacy through sponsorship, walking another alcoholic through the Steps. As someone who has worked the Steps myself, I am uniquely qualified to do that, and it is, of course, service in action: fulfilling the obligation of Step Twelve.

Tradition Five also has a correlative relationship with Concept Five, and together they speak to our Service legacy. Both represent spiritual unity in action. By serving our primary purpose, we as a fellowship strengthen our unity—because primary purpose is something we can all rally around. Concept Five embodies the democratic spirit of the fellowship: it reminds us that when all voices are heard, we arrive at better conclusions about how to best serve the still-suffering alcoholic. Its very nature supports the implementation of primary purpose.

As individuals, we may have our differences from time to time, but through Tradition Five, we find common ground we can all agree on. Concept Five works toward that same unity of purpose by ensuring all sides of the discussion are heard before a unified answer is reached. In this way, the Conference fulfills its primary purpose by giving every voice a place in the process.

Tradition Five, with its mandate of primary purpose, and Concept Five, with its commitment to an inclusive group conscience, together represent the Fellowship of AA in action. In everything we do—our actions, our procedures, our literature—there is one essential question to keep before us: how are we best serving those who still suffer? The answer, of course, lies in our primary purpose.

With the love of AA,  
**Kevin F. | SENY PI Chair | Panel 75, Area 49**

# From the Archives: Notable June Dates in AA History



**June 4, 1878:** Birth of Frank N. D. Buchman, an American Lutheran minister and the founder of the Oxford Group, which heavily influenced early AA.

**June 10, 1935:** Founder's Day is celebrated annually on June 10th. It commemorates the historic 1935 meeting in Akron, Ohio, between Bill Wilson and Bob Smith, the day widely recognized as Dr. Bob's last drink and the birth of AA.

**June 1944:** With the blessings of AA's co-founder Bill W., the first issue of *The Grapevine* was published in June 1944, just nine years after the founding of AA. It comes to be called AA's "meeting in print." Created by six AA members in the New York area (four women and two men), a copy of its first issue was sent to every AA group—about 300 at the time—and to all known AA members in the armed services overseas. In 1945, at the request of the groups, it became the national journal of Alcoholics Anonymous.

**June 1947:** A statement defining the Fellowship and its mission appeared for the first time in the June 1947 issue of *The Grapevine*. The statement, known as the AA Preamble, is quickly adopted by AA groups and becomes a standard inclusion in AA literature.

**June 2003:** The first Sub-Saharan Africa Service Meeting was held near Johannesburg, South Africa. Present were two delegates each from Botswana, Kenya, Lesotho, Malawi, Namibia, South Africa, Tanzania, Uganda, and Zimbabwe, along with representatives from the General Service Offices of Great Britain and U.S./Canada. This zonal meeting was part of an initiative launched by AA South Africa in 2000 to improve cooperation with professionals and overcome the problem of AA literature distribution in a region with more than 250 languages.

**June 24, 2011:** The first Eastern Arctic AA Convention was held in Iqaluit, the capital of Nunavut (the largest and northernmost territory of Canada).

## Archives Trivia!

Here are the answers to the trivia questions that appeared in the last issue of *The Link*:



**What's the name of this cartoon character? Where and when did he first appear? Who created him?**

His name is Victor E. and he is a long-running cartoon character in the *AA Grapevine*. Created by Jack M., a *Grapevine* editor, in 1962, Victor often stands outside a saloon looking longingly at its doors, but ultimately refrains from drinking thanks to the intervention of his Higher Power. Some wonder how strong Victor E.'s sobriety is, since he keeps showing up at a bar. Others feel he is no different from any other alcoholic facing this cunning and baffling disease. Whatever his shortcomings and however strong his desire to drink, Victor E. hasn't picked up a drink in all these years. And that's how he earns his name—he's victorious over the urge to drink every time!

**What is Rule #62? Where does it come from?**

In AA, Rule #62 states, "Don't take yourself so damn seriously!" It originates from an episode in AA's early history, when an AA group overreached, failed, and found humility in the wreckage. Bill W. later documented this episode in *Twelve Steps and Twelve Traditions* (in the chapter on Tradition Four). Rule #62 reminds us that humility and the ability to laugh at ourselves are important tools for change in recovery.

# A Vital Link in the Chain: A New GSR's First NERAASA

This year's NERAASA was my first experience of a "below the group level" regional gathering, and it left a lasting impression. As a new GSR, I had received enough information from Brooklyn County in my first month to find my footing, but NERAASA showed me something bigger: the large-scale love and commitment that go into supporting individual groups across the region. Seeing the service structure in person expanded my understanding of the "upside-down triangle," moving it from an abstract concept to a living, breathing reality.

I attended the GSR sessions and a session on writing about our experience, strength, and hope. I chatted with members from across the region over meals, laughed during the comedy skit, and came away with useful information about the Grapevine/La Viña and overall financials to bring back to my group. I also discovered new ways to get involved in service.

The informal conversations in the hallways and lobby were also valuable. They reminded me that I belong to a vast, dedicated family that extends far beyond my home group in Brooklyn. A particularly impactful qualification explored the role the Seventh Tradition can play in an individual's recovery—deepening my

own gratitude for the gifts of sobriety.

None of this would have been possible without the scholarship from Area 49, and I want to thank everyone who supports it. Every financial report and committee update I heard pointed toward a single, clear purpose: ensuring that when an alcoholic reaches out for help, the hand of AA is always there. This experience has opened my eyes to everything that happens below the group level—all of it quietly working to keep us sober and ready to help the next alcoholic who walks through the door. I encourage any member who feels a curiosity or a calling to step further into this area of service. It has provided me with a fresh perspective on the magnitude of our primary purpose.

As I drove home with fellow members, trying to beat the winter snowstorm moving into New York, I was filled with gratitude. Bringing this energy back to Greenwood feels like honoring a vital link in the chain—one that connects my home group's local needs to the collective wisdom of the entire Northeast region.

**Leah F. | GSR for the Greenwood Group in South Slope | Brooklyn County, Area 49**

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## The Gift of Sharing as an Alternate GSR

I was recently asked by the District Committee Member Chair (DCMC) for Sullivan County if I'd be willing to share on a Tradition for our monthly county meeting. I felt honored immediately and didn't hesitate to say yes.

As the Alternate GSR for my home group and someone new to attending GSR meetings, being asked to speak on a Tradition meant a great deal to me. I was a little nervous at first—as I often am—but once I began to speak, that feeling faded.

I had never paid much attention to timing myself when sharing before, so I was grateful when the DCMC suggested I practice ahead of time to get a sense of

how long my share would run. It was good advice. After the meeting, a few people offered positive feedback, and knowing that something I said landed for them felt genuinely rewarding.

More than anything, it was meaningful to feel like I was contributing—and that people who didn't know me before the meeting did now. Serving on the GSR team has been a wonderful experience, and having this opportunity has meant so much.

With Gratitude,

**Anthony M. | Alternate GSR for the Bayport Middle Road Group | Suffolk County, Area 49**

# SENY Treatment Facilities Committee Membership Survey



We have been talking with local intergroups and found many gaps in service among our trusted servants who work with the still-suffering alcoholic in institutions. Therefore, at the request of and in collaboration with local intergroups throughout the SENY Area, we have developed a survey of our members. We need your feedback and would love to hear from you. Please take a few minutes to fill out our survey.

—Rob M. | SENY Treatment Facilities Chair | Panel 75, Area 49

Do you belong to an AA Home Group or meeting? If so, which group or meeting?

1) Have you been through the 12 steps with a sponsor and had a psychic change or spiritual awakening? Y / N

2) Do you currently have a sponsor? Y / N

3) Do you currently have a service sponsor? Y / N

4) Have you ever done 12 step work with another still sick & suffering person? Y / N

5) Have you ever done service beyond your home group? Y / N

6) Are you now chairing a meeting in an institution? If so, which one(s)?

7) Did you previously chair a meeting in an institution? If so, which one(s)?

8) Does your home group have commitments in institution/s? If so, which one(s)?

9) Do you or your home group communicate with local intergroup or General Service for support with your commitment/s in an institution? If so, which service entity & what committee(s)?

10) Do you or members of your home group make 12 step calls (serve as Temporary Contacts) with prospects coming out of institutions (Bridging the Gap)? If so, from what institution(s)?

11) Are you aware of the prospects coming out of that same institution who do not live near you & your home group? If so, which Bridging the Gap Service group(s) do you cooperate with to find a Temporary Contact in the other town where that prospect is going to?

13) Does your home group use email? Y / N

If so, please provide: \_\_\_\_\_

14) Your home group's mailing address: \_\_\_\_\_

16) Are you willing to carry the message of service in institutions to your group or district? Y / N

If so, which group or district? \_\_\_\_\_

**17) Are you willing to be a Temporary Contact and bring newcomers coming out of institutions to their first six meetings at your home group? Y / N**

**18) Are you willing to help us find other members of AA to serve as Temporary Contacts? If so, you or someone you know could be your group's Treatment Rep. Y / N**

**19) Could you do this at the surrounding meetings? If so you or someone you know could be a District Captain Y / N**

**20) Do you have light computers skills and are willing to help TF Committee remotely? Y / N**

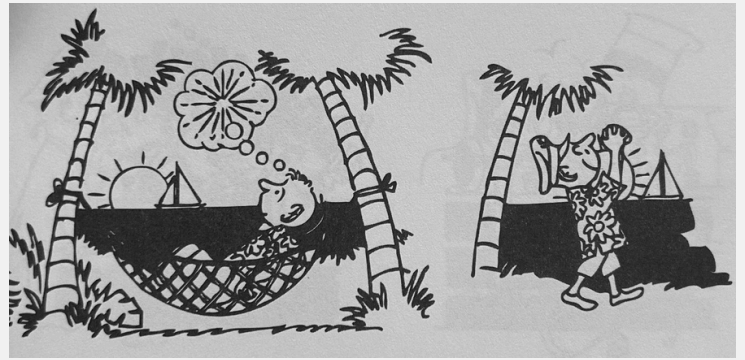
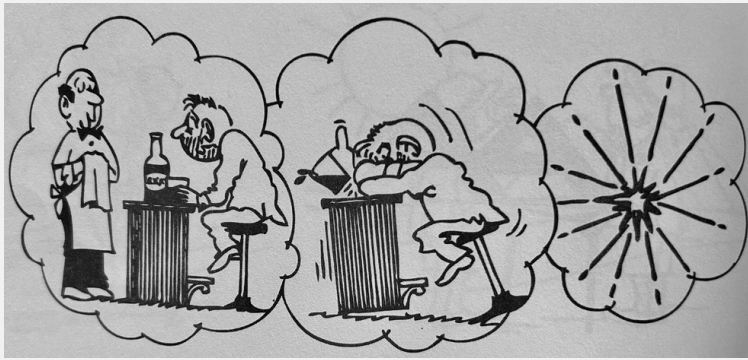
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Contact #: \_\_\_\_\_ Email: \_\_\_\_\_

Town: \_\_\_\_\_ County: \_\_\_\_\_ District: \_\_\_\_\_

**Please take a picture of this page and text it to 929-639-5700 or email it to TF@AASENY.org**

## The Victories of Victor E.



A Rabbit Walks Into a Bar, pp. 112-113

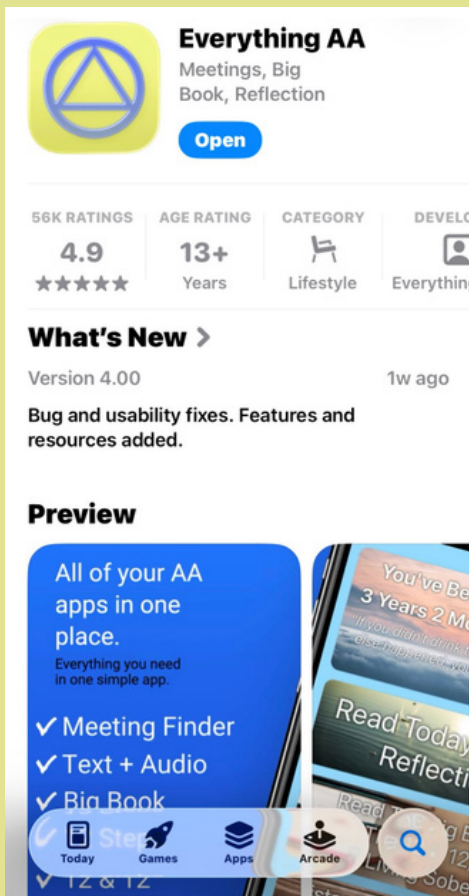


**Q:** How can you tell the difference between a sponsor and a therapist?

**A:** The only time a sponsor uses the word "closure" is before the word "mouth."

A Rabbit Walks Into a Bar, p. 58

## The Everything AA App Acquired by AAWS



Alcoholics Anonymous World Services, Inc. has assumed stewardship of the Everything AA app. This ensures that this "meeting in the pocket" remains a safe and spiritually-grounded resource for any alcoholic reaching out for help.

- Following the July meeting and the Sept/Oct budgeting cycle, the Board met to formally authorize the acquisition.

- This purchase gives AAWS a significant advantage in the digital space, allowing us to better reach the alcoholic who still suffers through modern technology.

- The acquisition is projected to be revenue neutral within 8 months, sustained entirely by subscriptions.

- Although specific financials remain confidential, there was no draw down from the Reserve Fund to complete this purchase.

- The Board is currently developing strategies for how to best communicate and engage with the existing subscriber base.

- The app currently serves 1 million subscribers

- Content that is not Conference-approved (such as speaker tapes) will be removed to align with our Traditions.

## Northeast Regional Trustee (NERT) Class B opening in 2027

Area 49 will nominate a regional trustee candidate. More information to come. Ten years of sobriety is recommended but is not mandatory. Candidates should have experience in both Conference Area and local AA service. They should have the background and the willingness to make decisions on matters of AA policy and should recognize that trustees serve the entire Fellowship rather than geographical areas.

NERAASA 2027  
 Program Committee Meetings

7:00 PM (Zoom)

Zoom Details  
 Meeting ID: 814 5937 6216  
 Passcode: 3231935

Monthly Meetings  
 (3rd Thursday of each month)

May 21  
 June 18  
 July 16  
 August 20  
 September 17  
 October 15  
 November 19  
 December 17  
 January 21  
 February 18

Get Involved!  
 Help plan and shape NERAASA 2027

Contact:  
 Charlene B.  
 Cbbrooklyn@gmail.com

Putnam County General Services presents:

# FOUNDERS DAY 2026

UNITY • SERVICE • RECOVERY

AA's 91<sup>st</sup> Anniversary

Our history. Our legacy. Our shared future.

STEPPING STONES WILSON

SATURDAY, JUNE 13<sup>TH</sup> 4PM-6:45PM  
 Fellowship, Sharing & Potluck Dinner!

MEETING ID : 641 949 4122

4:00-5:00	Stepping Stones Speaker, Sharon & Yanina
5:00-5:15	Questions and Answers, with Yanina & Sharon
5:15-6:00	Group Leaders will talk about Group History
6:00-6:45	Potluck Dinner

MOUNT CARMEL BIBLE CHURCH  
 76 GLENEIDA AVE., CARMEL, NY 10512

FOR MORE INFORMATION OR TO VOLUNTEER PLEASE CONTACT  
 Gregg 845-866-8080  
 OR VISIT putnamcountynyaa.org

June 13<sup>th</sup> Mearren Park  
 North BBQ tables  
 1pm-5pm  
 Venmo \$10 donation to:  
 @nycypaafunds

NYCYPAA ART PICNIC

Questions?  
 Want to Help?  
 Email: NYCYPAAeventschair@gmail.com

ORANGE COUNTY ALCOHOLICS ANONYMOUS

## 2026 SPIRITUAL BREAKFAST

Love AND Service

"Being sober simply boils down to 'Love & Service' - Dr. Bob in his final talk c. 1950"

JUNE 14, 2026  
 Sunday

THE PALACIO  
 1700 Route 17M, Goshen, NY

Doors Open 8:45 AM | Breakfast and Program 9:00am - 12 noon

Featuring Guest Speakers • Full Buffet Breakfast • Fellowship & Inspiration

TICKETS: \$40 (Purchase tickets online April 15 - May 31)  
 NO TICKETS SOLD AFTER MAY 31

www.orangenya.org | For questions: ocsb26@gmail.com

## SAVE THE DATE

AREA 49 SENY

# KICKING UP YOUR SERVICE EXPERIENCE

Saturday, June 20<sup>th</sup>, 2026  
 11 AM - 2 PM Lunch Provided

IN PERSON  
 Nassau Intergroup Office  
 361 Hempstead Turnpike  
 West Hempstead, NY 11552

VIRTUALLY  
 Zoom ID 554 670 5146  
 Passcode 870607  
 (click or scan QR code)

HOSTED BY SENY INTERGROUP & TREATMENT FACILITIES COMMITTEES  
 QUESTIONS? EMAIL LIAISON@AASENY.ORG

### ORANGE COUNTY GENERAL SERVICE TRAVELING WORKSHOP

**We Are NOT A Glum Lot!**  
 Sunday Serenity  
 VFW 71 Forester Ave  
 Warwick, NY 10990

**The Three Legacies**  
 The Central Valley Group  
 St. Patrick's Church  
 26 Hunter St.  
 Highland Mills, NY 10930

**Practicing These Principles In All Our Affairs**  
 Chapel Hill 2  
 King of Kings Church  
 543 Union Ave  
 New Windsor, NY 10930

**Long Timers In Recovery**  
 Just For Today Group  
 Faith Reform Church  
 11 South Centerville  
 Middletown, NY 10940

**Sunday May 3<sup>rd</sup>**  
 9:30am-10:30am  
 a. Finding Joy & Having Fun Sober  
 b. Life with Rule 62  
 c. Counteracting Negativity

**Wednesday May 20<sup>th</sup>**  
 6:30pm-7:30pm  
 a. Unity  
 b. Recovery  
 c. Service

**Sunday June 7<sup>th</sup>**  
 6pm-7pm  
 a. What Principles?  
 b. Using These to Make a Decision  
 c. What Does it Mean to Practice & Where?

**Saturday June 20<sup>th</sup>**  
 8am-9am  
 a. Has AA Changed Since You Came In?  
 b. Resisting Complacency  
 c. New Home? New Group? Now What?

## Brooklyn County Share-A-Day

Saturday  
 8am - 5pm  
 June 27, 2026

Lincoln High School  
 2800 Ocean Parkway  
 Brooklyn, NY 11235

### 'Humility In Action!'

Variety of Workshops and Topics  
 Spanish, Russian, AI-Anon, LGBTQ, YPAA, Women, Men, Step Meetings  
 Free Breakfast, Lunch & Hospitality  
 Wheelchair Accessible  
 ASL Interpreters Available on Request (Please make request by 6/16/26)

Suggested Group Donations, \$10. By Name: @BrooklynCounty, or by check: Write checks to: H.A. Brooklyn County General Services and send to: PO Box 10000, Brooklyn, NY 11211. Please put "WCLAD" next to the money.

For more information, contact: Carmelo R. @shareaday@brooklynnyaa.org

HVYPAA and LNYYPAA Presents

## Sunday In The Park With

June 28<sup>th</sup>, 2026

Kingston Point Beach  
 102-144 Delaware Ave, Kingston, NY

Event Start at 12pm  
 Meeting at 12:30pm

Please join us under the pavilion for a reading of Bills story followed by open discussion. Afterwards stick around for BBQ, lawn games, and SWIMMING!!

\$10 Suggested Donation

## New York State Informational Workshop

July 10 — 12, 2026

hosted by Area 49 Southeastern New York (SENY)

Stony Point Center  
 17 Cricketown Rd  
 Stony Point, NY 10980

June 12, 2026 Registration Deadline

Schedule Includes:  
 Service Committee Panels • AA Meetings • Area Chairs' Panel • Delegates' Panel • Intergroup Participation • Meditation Meetings • Grapevine/La Viña • Fellowship • Sobriety Skit • Nature Walk • Scavenger Hunt • Labyrinth Walk • Sing-A-Long • Bonfire • and much more

For more information, visit NYSIW.org or email nysiw2026@aaseny.org

Register at NYSIW.org

Pricing	
Single Occupancy (Private room + all meals)	\$495
Double Occupancy (Shared room with another attendee + all meals)	\$365
Commuter Rates	
Full Weekend (all meals)	\$250
Friday commuter (with dinner)	\$80
Saturday commuter (with 2 meals)	\$100
Sunday commuter (with 2 meals)	\$80
Zoom Participants	\$25

Please note: there is no price reduction for participants who choose to provide their own meals. With the exception of virtual registration, all registration options include meals.

Join the Long Island Committee of Young People in Alcoholics Anonymous

# ANNUAL LICYPAA LUAU

with Al-anon/Alateen participation

BBQ | BEACH | VOLLEYBALL | MUSIC GAMES | CRAFTS | MEETING | FELLOWSHIP

**Sunday, July 19<sup>th</sup>**  
**10:00 AM - 5:00 PM**  
**Meeting 4:00pm**

Robert Moses State Park Field #2  
 600 Robert Moses State Park Dr, Babylon, NY 11702  
 (Picnic area to the right of the parking lot)  
 \$10 Parking per car (carpool!!)  
 \$10 suggested contribution when you pre-register  
 \$15 suggested contribution day of event  
 Scholarships available

Scan QR code to Pre-Register!



visit [licypaa.carrd.co](http://licypaa.carrd.co)

ALL ARE WELCOME, YOUNG AT HEART!  
 CONTACT INFO LICYPAA@GMAIL.COM FOR ANY QUESTIONS  
 TO BE ADDED TO OUR EMAIL LIST FOR UPCOMING EVENTS  
 EMAIL OUTREACH LICYPAA@GMAIL.COM

JOIN US FOR THE FIRST ANNUAL

# LNYPAA CAMPOUT

**JULY 31<sup>ST</sup> - AUGUST 2<sup>ND</sup>**

**CROTON POINT PARK**  
 1 CROTON POINT AVE, CROTON-ON-HUDSON, NY

**\$40 Weekend Pass (includes camp site)**  
**\$20 Day Pass**

Fireside Meetings  
 Fellowship | Fun  
 S'mores & more



Email [chair.lnypaa@gmail.com](mailto:chair.lnypaa@gmail.com) for more information.

Bronx Upper Manhattan General Service *Hosting*

# BRONX UPPER MANHATTAN SHARE A DAY

**"HUMILITY IN ACTION"**

On keeping with our 7th tradition we are self supporting. We ask that groups consider contributing to this free event.

**SATURDAY SEPTEMBER 26<sup>TH</sup>, 2026**  
**10:00am-3:00pm**  
 Doors open 9:15am

**Holy Family Church Cafeteria**  
 2158 Watson Ave  
 Bronx, NY 10472  
 Near Castle Hill Ave

WHEELCHAIR ACCESSIBLE | DESSERT DONATIONS ARE APPRECIATED.

ALONG WITH INFORMATIVE PANELS:  
 COFFEE, SNACKS. | LUNCH WILL BE SERVED.

**INCLUDING**  
 FELLOWSHIP | SOBRIETY | OLDTIMERS

**TO MAKE A CONTRIBUTION,**  
 Send a check or money order to:  
 Bronx Upper Manhattan General Service  
 P.O. Box 1357  
 Bronx, New York 10451

★ Include The Group Name & For Share A Day in the memo line.

**EMAIL**  
 Maria B - Chair  
[bxum-sad@bxum.aaseny.org](mailto:bxum-sad@bxum.aaseny.org)

# 43<sup>RD</sup> ANNUAL SPIRITUAL BREAKFAST

BRONX UPPER MANHATTAN GENERAL SERVICE COMMITTEE

**SUNDAY, OCTOBER 11, 2026**

MARINA DEL REY  
 1 MARINA DRIVE, BRONX, NY 10465  
 BELLAGIO WATERFRONT BANQUET HALL  
 ON-SITE PARKING

**\$48 PER TICKET**

TABLES OF 10 & INDIVIDUAL TICKETS  
 RESERVED UPON PAYMENT  
 NO TICKETS SOLD AT DOOR

**ZELLE** 

SPIRITUALBREAKFAST@BXUM.AASENY.ORG

CONTACTS:  
 CASSIE A. 917-383-5302 • SHARRON S. (917) 620-5993



Through this process I learned a time-saving tool that keeps me from complaining to others about the small stuff that we see in Grapevine's Tradition Checklist. My favorite question on the Checklist is, "Do I insist that there are only a few right ways of doing things in AA?"

I'm a transplant from California to Seattle. I moved to Seattle 10 years ago. Most meetings in Seattle celebrate birthdays at the end of the month. This way of doing things really bothered me. In California they celebrate birthdays every week. Moving to Seattle reminded me that my way is not the only way in AA. If I constantly question the group and insist on my own way, this is not beneficial to the group, and I'm not acting in the spirit of unity or acceptance.

## The Big Picture

On a first reading, Tradition Four appears to say it's OK for any AA group to decide to run its meeting however it wants. Here is where I use the principle of consultation. Consultation in my life takes the form of me sharing with, and asking questions of, my sponsor, service sponsor, mentors in the program, and certain elder statesmen whose opinions I have come to regard.

Another manifestation of the principle of consultation can be seen by the behavior of our area delegates past and present. They hold pre-conferences so they can hear our thoughts on certain issues before the Conference. In my experience, the goal of each delegate is to consult with the Fellowship to make the best possible decision for AA as a whole, not just what's best for Western Washington Area 72. The decisions they make with the other delegates, trustees, and staff can be very impactful to all of AA.

The thing I love about the Tradition Four essay in our **(Continued on p. 12)**

## UPCOMING GENERAL SERVICE MEETINGS

To add or update an event, please email: [agenda@aaseny.org](mailto:agenda@aaseny.org)

SENY CPC Committee Meeting	6/3	5:30pm	Email <a href="mailto:cpc@aaseny.org">cpc@aaseny.org</a> prior to each meeting for the Zoom information.
SENY Post Conference Assembly (HYBRID)	6/6	9:15am - 3:00pm	Meeting ID: 885 5108 4566, Passcode: 461319 Dial-in #: (646) 931-3860 Westchester Community College, 75 Grasslands Road Valhalla, New York 10595
Distritos Hispanos - Hispanic Districts - Share a Day (Dance, Food, Fellowship)	6/7	8:00am until midnight	211 W 129th St #4 New York, NY 10027
2026 New York State Informational Workshop (NYSIW) Committee Meeting	6/7	6:00pm - 7:00pm	Meeting ID: 846 8471 0612, Passcode: 275137
Staten Island General Service Meeting and New GSR Orientation	6/7	6:30pm - 8:00pm	Immanuel Lutheran, 2018 Richmond Avenue Staten Island, NY 10314
SENY Intergroup Liaison Committee Meeting	6/8	8:00pm - 9:30pm	Meeting ID: 998 938 7641, Passcode: A49P75
SENY Corrections Committee Meeting	6/8	8:00pm - 8:30pm	Meeting ID: 856 7793 0152 Password: Service
Putnam County General Service Meeting	6/9	7:00 pm - 8:30 pm	2nd Tuesday of every month at Mt Carmel Baptist Church, NY For questions, please contact: <a href="mailto:dcmc@putnam.aaseny.org">dcmc@putnam.aaseny.org</a>
SENY Accessibilities Committee Meeting	6/9	8:00pm - 9:00pm	Meeting ID: 998 838 7641, Passcode: A49P75 (case sensitive)
SENY Archives Committee Meeting	6/11	7:30pm - 8:30pm	Meeting ID: 998 838 7641, Passcode: A49P75
NYCYPAA Art Picnic in McCarren Park	6/13	1:00pm - 5:00pm	McCarren Park (Williamsburg, Brooklyn), 776 Lorimer St Brooklyn, New York 11222
Orange County Spiritual Breakfast	6/14	9:00am - 12:00pm	The Palacio, 1700 Route 7M Goshen, New York
Sullivan County General Service Meeting	6/14	3:15pm - 4:00pm	St. John's Church, 15 St John Street Monticello, NY 12701
NERAASA 2027 Planning Meeting	6/14	3:00pm - 5:00pm	Meeting ID: 857 6635 6458, Passcode: 377710NERAASA
Nassau County General Service Meeting (HYBRID)	6/15	7:30pm - 9:00pm	Meeting ID: 922 8787 8377, Passcode 12345 Nassau Intergroup of AA, 361 Hempstead Turnpike West Hempstead, NY 11552
2026 New York State Informational Workshop (NYSIW) Committee Meeting	6/15	8:00pm - 9:00pm	Meeting ID: 846 8471 0612, Passcode: 275137
Orange County General Service Meeting (HYBRID)	6/16	7:00pm - 9:00pm	Meeting ID: 999 6809 5777, Password: Acceptance First Presbyterian Church Sullivan, 4907 NY-52 Jeffersonville, NY 12748
Westchester County General Service Meeting (HYBRID)	6/17	7:00pm - 9:00pm	Meeting ID: 868 370 8260, Password: WGSA Memorial United Methodist Church, 250 Bryant Avenue Fellowship Room, White Plains, NY 10605
Rockland County General Service Meeting	6/17	7:30pm - 9:00pm	Clarkstown Reformed Church 107 Strawtown Road, West Nyack, NY 10994
Suffolk County General Service Meeting and New GSR Orientation	6/19	7:00pm - 8:00pm	Meeting ID: 932 6450 5176, Passcode: 713704
SENY Kicking Up Your Service Experience (HYBRID WORKSHOP)	6/20	11:00am - 2:00pm	Meeting ID: 554 670 5146, Password: 870607 Nassau Intergroup of AA, 361 Hempstead Turnpike West Hempstead, NY 11552
SENY Registration Officer Open Hour	6/21	8:00pm - 9:00pm	Meeting ID: 869 7034 8733, Passcode: 052117
2026 New York State Informational Workshop (NYSIW) Committee Meeting	6/22	8:00pm - 9:00pm	Meeting ID: 846 8471 0612, Passcode: 275137
SENY Technology Committee Meeting	6/23	7:30 pm - 9:00 pm	Meeting ID: 894 0024 2856 / Passcode: 033597 / Dial In #: (646) 558-8656
SENY Technology and Communications Office Hour	6/25	7:00pm - 8:00pm	Meeting ID: <a href="https://meet.google.com/ouq-pfqh-kuq">meet.google.com/ouq-pfqh-kuq</a>
Brooklyn County Share-A-Day	6/27	8:00am - 5:00pm	Lincoln High School, 2800 Ocean Parkway Brooklyn, New York 11235
Queens County General Service Assembly and New GSR/DCM Orientation	6/29	7:30pm - 9:30pm	Mary Gate of Heaven Church 103-12 101st Avenue, Ozone Park, NY 11416. The entrance is on 103rd Street and 101st Avenue in the basement.
2026 New York State Informational Workshop (NYSIW) Committee Meeting	6/29	8:00pm - 9:00pm	Meeting ID: 846 8471 0612, Passcode: 275137

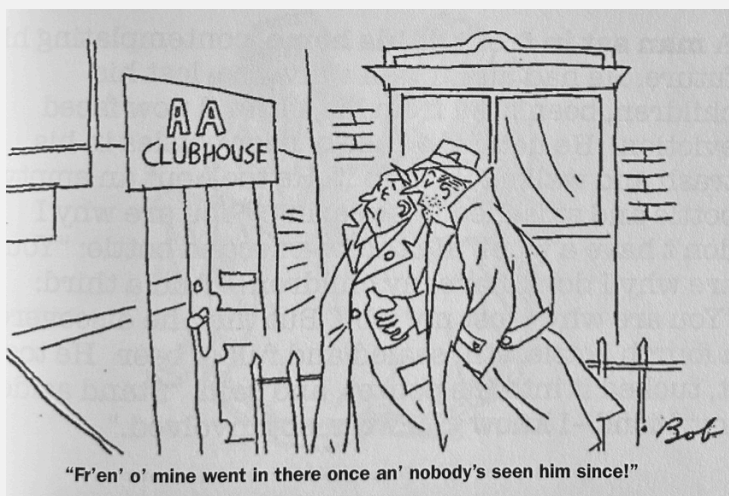
“Twelve and Twelve” is that it tells the story of a grandiose recovery institution of a town called Middleton. The person who witnessed this incident saw the whole thing fail, and in the end was able to laugh at himself for taking himself too damn seriously. The whole time he failed to heed the warnings of others and to take advice from our Central Office in New York (now called GSO). The reason that institution failed was because it had too many objectives, instead of just one.

It has been discovered—through the shared experience of our Fellowship—that in order to stay unified with the least amount of organization, we should have the one objective, which is to stay sober and help others achieve sobriety.

My favorite part of the story is that he laughs at himself. Laughing at myself is one of the best things I get to experience in AA. It removes the shame from my making mistakes. It’s OK to find humor in the absurdity of my humanity and the “isms” of my alcoholism.

**Jennifer R. | Seattle, Washington | Excerpted from  
The Grapevine, April 2026 issue**

A Rabbit Walks Into a Bar, p. 15



**Let's LINK Up!**

We are looking for more people to contribute to SENY's newsletter, which has been in print since 1961! Please email [link@aaseny.org](mailto:link@aaseny.org) if you're interested in writing an article about your experience, strength, and hope in AA General Service, and we'll let you know the due dates and themes for upcoming issues.

SENY Officers		
Delegate	Nisaa A.	<a href="mailto:delegate@aaseny.org">delegate@aaseny.org</a>
Alt. Delegate	Jeanne C.	<a href="mailto:altdelegate@aaseny.org">altdelegate@aaseny.org</a>
Chair	Raj B.	<a href="mailto:chair@aaseny.org">chair@aaseny.org</a>
Treasurer	Mike O.	<a href="mailto:treasurer@aaseny.org">treasurer@aaseny.org</a>
Registration	Justin K.	<a href="mailto:registration@aaseny.org">registration@aaseny.org</a>
Technology & Communications	Ray W.	<a href="mailto:tco@aaseny.org">tco@aaseny.org</a>

SENY Standing / Ad Hoc Committee Chairs		
Accessibilities	Matt F.	<a href="mailto:access@aaseny.org">access@aaseny.org</a>
Agenda*	Jeannette K.	<a href="mailto:agenda@aaseny.org">agenda@aaseny.org</a>
Archives	Edward M.	<a href="mailto:archives@aaseny.org">archives@aaseny.org</a>
Convention 2026	Shawn K.	<a href="mailto:convention@aaseny.org">convention@aaseny.org</a>
Corrections	Ashley O.	<a href="mailto:corrections@aaseny.org">corrections@aaseny.org</a>
Email Update Editor*	Bradley B.	<a href="mailto:email-update@aaseny.org">email-update@aaseny.org</a>
Email Administrator	Prem R.	<a href="mailto:email@aaseny.org">email@aaseny.org</a>
CPC	Annabel B.	<a href="mailto:cpc@aaseny.org">cpc@aaseny.org</a>
Grapevine/La Viña	Bill M.	<a href="mailto:grapevine@aaseny.org">grapevine@aaseny.org</a>
Intergroup Liaison	Charlene B.	<a href="mailto:intergroup@aaseny.org">intergroup@aaseny.org</a>
Link Editor	Reiko D.	<a href="mailto:link@aaseny.org">link@aaseny.org</a>
Literature	Brian C.	<a href="mailto:literature@aaseny.org">literature@aaseny.org</a>
Hybrid Committee*	Mike U.	<a href="mailto:office@aaseny.org">office@aaseny.org</a>
Public Information	Kevin F.	<a href="mailto:pi@aaseny.org">pi@aaseny.org</a>
Recording Secretary	Priya W.	<a href="mailto:secretary@aaseny.org">secretary@aaseny.org</a>
Service Participation*	Jeanne C.	<a href="mailto:altdelegate@aaseny.org">altdelegate@aaseny.org</a>
Service Sponsorship*	Kimberly J.	<a href="mailto:sponsorship@aaseny.org">sponsorship@aaseny.org</a>
Translation	Andrew F.	<a href="mailto:translation@aaseny.org">translation@aaseny.org</a>
Treatment Facilities	Rob M.	<a href="mailto:tf@aaseny.org">tf@aaseny.org</a>
Website*	Kate F.	<a href="mailto:web@aaseny.org">web@aaseny.org</a>
Ad Hoc Finance*	Heidi C.	<a href="mailto:finance@aaseny.org">finance@aaseny.org</a>
YPAA Liaison	Jeanne C.	<a href="mailto:altdelegate@aaseny.org">altdelegate@aaseny.org</a>

County DCMCs		
Bronx/UM	Shawn K.	<a href="mailto:dcmc@bxum.aaseny.org">dcmc@bxum.aaseny.org</a>
Brooklyn	Eddie D.	<a href="mailto:dcmc@brooklynaa.org">dcmc@brooklynaa.org</a>
Hispanic	Marcos C.	<a href="mailto:hispanos@aaseny.org">hispanos@aaseny.org</a>
Manhattan	James T.	<a href="mailto:dcmc@manhattan.aaseny.org">dcmc@manhattan.aaseny.org</a>
Nassau	JR B.	<a href="mailto:dcmc@nassau.aaseny.org">dcmc@nassau.aaseny.org</a>
Orange	Chamille T.	<a href="mailto:dcmc@orange.aaseny.org">dcmc@orange.aaseny.org</a>
Putnam	Hank G.	<a href="mailto:dcmc@putnam.aaseny.org">dcmc@putnam.aaseny.org</a>
Queens	Maura Z.	<a href="mailto:dcmc@qcgsa.org">dcmc@qcgsa.org</a>
Rockland	James D.	<a href="mailto:dcmc@aarockland.org">dcmc@aarockland.org</a>
Staten Island	Veronica B.	<a href="mailto:dcmc@statenisland.aaseny.org">dcmc@statenisland.aaseny.org</a>
Suffolk	Heather K.	<a href="mailto:dcmc@aasuffolkgs-ny.org">dcmc@aasuffolkgs-ny.org</a>
Sullivan	John L.	<a href="mailto:dcmc@sullivan.aaseny.org">dcmc@sullivan.aaseny.org</a>
Westchester	Billy B.	<a href="mailto:dcmc@westchester.aaseny.org">dcmc@westchester.aaseny.org</a>

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